



The Bread Factory  
 Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
 020 8457 2080

<b>Product Name</b>	CIABATTA Plain 400g		
<b>Product Code</b>	F CIA00739 BF		
<b>Product Description</b>	CIABATTA Plain 400g		
<b>Allergens</b>		<b>Contains</b>	<b>Trace</b>
	<b>(Tree) Nuts</b>	no	no
	<b>Celery</b>	no	no
	<b>Crustaceans</b>	no	no
	<b>Eggs</b>	no	no
	<b>Fish</b>	no	no
	<b>Gluten</b>	yes	yes
	<b>Lupin</b>	no	no
	<b>Milk</b>	no	no
	<b>Molluscs</b>	no	no
	<b>Mustard</b>	no	no
	<b>Peanut</b>	no	no
	<b>Sesame</b>	no	no
	<b>Soya</b>	no	no
	<b>Sulphites</b>	no	no
<b>Ingredients</b>	Flour ( <b>Wheat</b> Flour, Calcium, Iron, Niacin, Thiamine), Water, Salt (1%), Malted <b>Wheat</b> Flour, Yeast		
<b>Claims</b>			
<b>Serving Size</b>	g		
<b>Shelf Life</b>	1 Days		
<b>Nutrition</b>		<b>Per 100g</b>	<b>Per Serving</b>
	<b>Energy (kj)</b>	798.52	798.52
	<b>Energy (kcal)</b>	190.822	190.822
	<b>Fat (g)</b>	0.79266	0.79266
	<b>Saturates (g)</b>	0.11482	0.11482
	<b>Carbohydrates(g)</b>	41.9926	41.9926
	<b>Total Sugars (g)</b>	0.82244	0.82244
	<b>Protein (g)</b>	7.02796	7.02796
	<b>Salt (g)</b>	1.0889	1.0889
	<b>Fibre (g)</b>	1.79871	1.79871
<b>Storage Conditions</b>	Ambient		
<b>Additional Information</b>	Dimension LxWxH (mm): 490x100x50 Dimension tolerance: +/- 10% Nominal (minimum) weight (g): 400 Target (+10%): 440 Number of slices or portions: n/a		