



The Bread Factory  
 Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
 020 8457 2080

<b>Product Name</b>	SOURDOUGH Borough Seeded Long 650g (48h)		
<b>Product Code</b>	F SRD05770 FS		
<b>Product Description</b>	SOURDOUGH Borough Seeded Long 650g (48h)		
<b>Allergens</b>		<b>Contains</b>	<b>Trace</b>
	<b>(Tree) Nuts</b>	no	no
	<b>Celery</b>	no	no
	<b>Crustaceans</b>	no	no
	<b>Eggs</b>	no	no
	<b>Fish</b>	no	no
	<b>Gluten</b>	yes	yes
	<b>Lupin</b>	no	no
	<b>Milk</b>	no	no
	<b>Molluscs</b>	no	no
	<b>Mustard</b>	no	no
	<b>Peanut</b>	no	no
	<b>Sesame</b>	yes	yes
	<b>Soya</b>	no	no
	<b>Sulphites</b>	no	no
<b>Ingredients</b>	Water, Flour ( <b>Wheat</b> Flour, Calcium, Iron, Niacin, Thiamine), Wholemeal <b>Wheat</b> Flour, Wholemeal <b>Wheat</b> Flour (4%), White <b>Sesame</b> Seeds (3%), Pumpkin Seeds (3%), Brown Linseeds (1%), Yellow Linseeds (1%), Flour (1%) ( <b>Wheat</b> Flour, Calcium, Iron, Niacin, Thiamine), Salt		
<b>Claims</b>	Suitable for Vegetarian		
<b>Serving Size</b>	g		
<b>Shelf Life</b>	1 Days		
<b>Nutrition</b>		<b>Per 100g</b>	<b>Per Serving</b>
	<b>Energy (kj)</b>	947.97	947.97
	<b>Energy (kcal)</b>	223.447	223.447
	<b>Fat (g)</b>	4.72517	4.72517
	<b>Saturates (g)</b>	0.81756	0.81756
	<b>Carbohydrates(g)</b>	40.2556	40.2556
	<b>Total Sugars (g)</b>	0.52245	0.52245
	<b>Protein (g)</b>	7.80347	7.80347
	<b>Salt (g)</b>	1.00817	1.00817
	<b>Fibre (g)</b>	4.17171	4.17171
<b>Storage Conditions</b>	Ambient		
<b>Additional Information</b>	Dimension LxWxH (mm): 230x135x90 Dimension tolerance: +/- 10% Nomimal (minimum) weight (g): 650 Target (+10%): 715 Number of slices or portions: n/a		