



The Bread Factory  
 Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
 020 8457 2080

<b>Product Name</b>	SOURDOUGH 100% Rye Pumpnickel 840g (48h)		
<b>Product Code</b>	F SRD09180 BF		
<b>Product Description</b>	NPD02169		
<b>Allergens</b>		<b>Contains</b>	<b>Trace</b>
	<b>(Tree) Nuts</b>	no	no
	<b>Celery</b>	no	no
	<b>Crustaceans</b>	no	no
	<b>Eggs</b>	no	no
	<b>Fish</b>	no	no
	<b>Gluten</b>	yes	yes
	<b>Lupin</b>	no	no
	<b>Milk</b>	no	no
	<b>Molluscs</b>	no	no
	<b>Mustard</b>	no	no
	<b>Peanut</b>	no	no
	<b>Sesame</b>	no	no
	<b>Soya</b>	no	no
	<b>Sulphites</b>	no	no
<b>Ingredients</b>	Water, Wholemeal <b>Rye</b> Flour (28%), <b>Rye</b> Flour (15%), Potato (15%), Sunflower Seeds, Molasses, Salt, Yeast, Vegetable Oil (Rapeseed Oil, Extra Virgin Olive Oil)		
<b>Claims</b>			
<b>Serving Size</b>	g		
<b>Shelf Life</b>	1 Days		
<b>Nutrition</b>		<b>Per 100g</b>	<b>Per Serving</b>
	<b>Energy (kj)</b>	915.936	915.936
	<b>Energy (kcal)</b>	216.913	216.913
	<b>Fat (g)</b>	5.87632	5.87632
	<b>Saturates (g)</b>	0.80259	0.80259
	<b>Carbohydrates(g)</b>	35.4017	35.4017
	<b>Total Sugars (g)</b>	0.75983	0.75983
	<b>Protein (g)</b>	5.74389	5.74389
	<b>Salt (g)</b>	1.01656	1.01656
	<b>Fibre (g)</b>	6.74413	6.74413
<b>Storage Conditions</b>	Ambient		
<b>Additional Information</b>	Dimension LxWxH (mm): 150x90x85 Dimension tolerance: +/- 10% Nomimal (minimum) weight (g): 840 Target (+10%): 924 Number of slices or portions: n/a		