



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	GRANOLA 500g (48hr)		
Product Code	F GRN04119 OOL BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	yes	yes
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Rolled Oats , Sultanas (19%) (Sultanas, Sunflower Oil), Sunflower Seeds, Honey (8%), Brown Sugar, Almonds (4%), Roasted Hazelnuts (4%), Pumpkin Seeds, Golden Syrup (Invert Sugar Syrup (Sugar, Water)), Butter (Milk), Rapeseed Oil, Water, Salt		
Claims			
Serving Size	g		
Shelf Life	21 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1848.93	1386.7
	Energy (kcal)	441.197	330.898
	Fat (g)	21.0395	15.7796
	Saturates (g)	3.79538	2.84653
	Carbohydrates(g)	53.0856	39.8142
	Total Sugars (g)	28.6365	21.4774
	Protein (g)	9.97174	7.47881
	Salt (g)	0.09652	0.07239
	Fibre (g)	5.46136	4.09602
Storage Conditions	Ambient		
Additional Information	Dimension LxWxH (mm): n/a Dimension tolerance: +/- 10% Nomimal (minimum) weight (g): 500 Target (+10%): 550 Number of slices or portions: 12		