



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	MEP Cookie Pecan Oatmeal & Cranberry 90g Gails		
Product Code	U COO04728 BF		
Product Description	MEP Cookie Pecan Oatmeal & Cranberry 90g Gails		
Allergens		Contains	Trace
	(Tree) Nuts	yes	yes
	Celery	no	no
	Crustaceans	no	no
	Eggs	yes	yes
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Rolled Oats (19%), Sugar, Butter (Milk), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Pecan Nuts (10%), Brown Sugar, Cranberries (8%) (Cranberries, Sugar, Sunflower Oil), Pasteurised Free-Range Egg , Water, Baking Powder (Raising Agents (Sodium acid pyrophosphate, Sodium bicarbonate), Wheat Flour (Calcium, Iron, Niacin, Thiamine)), Vanilla Extract (Invert Sugar, Vanilla Concentrate, Spent Vanilla Powder), Salt		
Claims			
Serving Size	g		
Shelf Life	1 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1840.89	1656.8
	Energy (kcal)	439.37	395.433
	Fat (g)	22.2751	20.0476
	Saturates (g)	9.66296	8.69666
	Carbohydrates(g)	54.0537	48.6483
	Total Sugars (g)	31.8807	28.6926
	Protein (g)	5.51744	4.9657
	Salt (g)	0.07122	0.064098
	Fibre (g)	3.05031	2.74528
Storage Conditions			
Additional Information			