



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	CRACKER Seeded 200g (BAG)		
Product Code	F CRK06325 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	yes	yes
	Soya	no	no
	Sulphites	no	no
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Buttermilk (28%) (Milk), White Sesame Seeds (14%), Butter (Milk), Yellow Linseeds (3%), Brown Linseeds (3%), Fennel Seeds, Sugar, Poppy Seeds (2%), Caraway Seeds (2%), Black Onion Seeds (2%), Sea Salt, Salt, Baking Powder (Raising Agents (Sodium acid pyrophosphate, Sodium bicarbonate), Wheat Flour (Calcium, Iron, Niacin, Thiamine))		
Claims			
Serving Size	g		
Shelf Life	21 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1746.02	873.008
	Energy (kcal)	414.4	207.2
	Fat (g)	21.0458	10.5229
	Saturates (g)	7.67144	3.83572
	Carbohydrates(g)	45.8973	22.9486
	Total Sugars (g)	4.62084	2.31042
	Protein (g)	11.6655	5.83276
	Salt (g)	1.41772	0.70886
	Fibre (g)	7.35439	3.6772
Storage Conditions	Ambient		
Additional Information	Dimension LxWxH (mm): n/a Dimension tolerance: +/- 10% Nominal (minimum) weight (g): 200 Target (+10%): 220 Number of slices or portions: 6		