



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

|                               |                                                                                                                                                                                                                                                                                                           |                 |                    |
|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------|
| <b>Product Name</b>           | SOURDOUGH Dark 650g (48h) BAG                                                                                                                                                                                                                                                                             |                 |                    |
| <b>Product Code</b>           | F SRD09161 BF                                                                                                                                                                                                                                                                                             |                 |                    |
| <b>Product Description</b>    | SOURDOUGH Dark 650g (48h) WR                                                                                                                                                                                                                                                                              |                 |                    |
| <b>Allergens</b>              |                                                                                                                                                                                                                                                                                                           | <b>Contains</b> | <b>Trace</b>       |
|                               | <b>(Tree) Nuts</b>                                                                                                                                                                                                                                                                                        | no              | no                 |
|                               | <b>Celery</b>                                                                                                                                                                                                                                                                                             | no              | no                 |
|                               | <b>Crustaceans</b>                                                                                                                                                                                                                                                                                        | no              | no                 |
|                               | <b>Eggs</b>                                                                                                                                                                                                                                                                                               | no              | no                 |
|                               | <b>Fish</b>                                                                                                                                                                                                                                                                                               | no              | no                 |
|                               | <b>Gluten</b>                                                                                                                                                                                                                                                                                             | yes             | yes                |
|                               | <b>Lupin</b>                                                                                                                                                                                                                                                                                              | no              | no                 |
|                               | <b>Milk</b>                                                                                                                                                                                                                                                                                               | no              | no                 |
|                               | <b>Molluscs</b>                                                                                                                                                                                                                                                                                           | no              | no                 |
|                               | <b>Mustard</b>                                                                                                                                                                                                                                                                                            | no              | no                 |
|                               | <b>Peanut</b>                                                                                                                                                                                                                                                                                             | no              | no                 |
|                               | <b>Sesame</b>                                                                                                                                                                                                                                                                                             | no              | no                 |
|                               | <b>Soya</b>                                                                                                                                                                                                                                                                                               | no              | no                 |
|                               | <b>Sulphites</b>                                                                                                                                                                                                                                                                                          | no              | no                 |
|                               |                                                                                                                                                                                                                                                                                                           |                 |                    |
| <b>Ingredients</b>            | SD, Borough Brown, FS, 2020, BREAD (123%); SD, Borough Brown, FS, 2020, BREAD contains: Water, Flour (23%) ( <b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Wholemeal <b>Wheat</b> Flour (22%), Flour ( <b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water (9%), Salt |                 |                    |
| <b>Claims</b>                 | Suitable for Vegetarian                                                                                                                                                                                                                                                                                   |                 |                    |
| <b>Serving Size</b>           | g                                                                                                                                                                                                                                                                                                         |                 |                    |
| <b>Shelf Life</b>             | 1 Days                                                                                                                                                                                                                                                                                                    |                 |                    |
| <b>Nutrition</b>              |                                                                                                                                                                                                                                                                                                           | <b>Per 100g</b> | <b>Per Serving</b> |
|                               | <b>Energy (kj)</b>                                                                                                                                                                                                                                                                                        | 986.143         | 986.143            |
|                               | <b>Energy (kcal)</b>                                                                                                                                                                                                                                                                                      | 232.476         | 232.476            |
|                               | <b>Fat (g)</b>                                                                                                                                                                                                                                                                                            | 1.0627          | 1.0627             |
|                               | <b>Saturates (g)</b>                                                                                                                                                                                                                                                                                      | 0.19169         | 0.19169            |
|                               | <b>Carbohydrates(g)</b>                                                                                                                                                                                                                                                                                   | 51.0602         | 51.0602            |
|                               | <b>Total Sugars (g)</b>                                                                                                                                                                                                                                                                                   | 0.70478         | 0.70478            |
|                               | <b>Protein (g)</b>                                                                                                                                                                                                                                                                                        | 7.959           | 7.959              |
|                               | <b>Salt (g)</b>                                                                                                                                                                                                                                                                                           | 1.24549         | 1.24549            |
|                               | <b>Fibre (g)</b>                                                                                                                                                                                                                                                                                          | 4.06729         | 4.06729            |
| <b>Storage Conditions</b>     | Ambient Ideally, store in your GAIL's paper bag. You can freeze the bread for 1 month, but never refrigerate.                                                                                                                                                                                             |                 |                    |
| <b>Additional Information</b> | Dimension LxWxH (mm): 220x145x80 Dimension tolerance: +/- 10% Nomimal (minimum) weight (g): 650 Target (+10%): 715 Number of slices or portions: n/a                                                                                                                                                      |                 |                    |