



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SD, Seeded, GAILs, 2020		
Product Code	MI00636		
Product Description	SD, Seeded, GAILs, 2020		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	yes	yes
	Soya	no	no
	Sulphites	no	no
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Flour (9%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water (9%), Wholemeal Rye Flour (2%), Sunflower Seeds (2%), Brown Linseeds (2%), White Sesame Seeds (2%), Pumpkin Seeds (2%), Black Sesame Seeds (2%), Malted Wheat Flour, Salt, Wheat Gluten , Wholemeal Spelt Flour (0%) (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	961.512	961.512
	Energy (kcal)	227.665	227.665
	Fat (g)	4.64681	4.64681
	Saturates (g)	0.75659	0.75659
	Carbohydrates(g)	40.7301	40.7301
	Total Sugars (g)	0.54655	0.54655
	Protein (g)	8.41263	8.41263
	Salt (g)	1.01999	1.01999
	Fibre (g)	2.86835	2.86835
Storage Conditions			
Additional Information			