



The Bread Factory
 Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
 020 8457 2080

Product Name	SOURDOUGH Seeded 650g (48h)		
Product Code	F SRD08204 BF		
Product Description	SOURDOUGH Seeded 650g (48h)		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	yes	yes
	Soya	no	no
	Sulphites	no	no
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Wheat Flour Wheat Flour, Iron, Niacin, Thiamine, Calcium Carbonate, Water (5%), Sunflower Seeds (3%), Brown Linseeds (3%), Pumpkin Seeds (3%), White Sesame Seeds (3%), Black Sesame Seeds (3%), Wholemeal Rye Flour (3%), Salt, Wheat Gluten , Malted Wheat Flour Malted Wheat Flour (100%), Wheat Flour (1%) Wheat Flour, Iron, Niacin, Thiamine, Calcium Carbonate, Wholemeal Spelt Flour (Wheat)		
Claims			
Serving Size	g		
Shelf Life	1 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1272.09	1272.09
	Energy (kcal)	302.399	302.399
	Fat (g)	8.60092	8.60092
	Saturates (g)	1.37135	1.37135
	Carbohydrates(g)	47.7547	47.7547
	Total Sugars (g)	0.77926	0.77926
	Protein (g)	11.1823	11.1823
	Salt (g)	1.18182	1.18182
	Fibre (g)	4.06696	4.06696
Storage Conditions	Ambient		
Additional Information	Dimension LxWxH (mm): 210x145x70 Dimension tolerance: +/- 10% Nomimal (minimum) weight (g): 650 Target (+10%): 715 Number of slices or portions: n/a		