



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	ROLL Ciabatta Seeded Rough Cut x5 (bag)		
Product Code	F ROL09061 BF		
Product Description	ROLL Ciabatta Seeded Rough Cut x5 (bag)		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Dough, Ciabatta, Ivy (133%), Water, Brown Linseeds (2%), Yellow Linseeds (2%), Pumpkin Seeds (2%); Dough, Ciabatta, Ivy contains: Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Salt (1%), Malted Wheat Flour, Yeast		
Claims			
Serving Size	g		
Shelf Life	1 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1228.66	1228.66
	Energy (kcal)	293.619	293.619
	Fat (g)	4.13193	4.13193
	Saturates (g)	0.56508	0.56508
	Carbohydrates(g)	57.1713	57.1713
	Total Sugars (g)	1.18941	1.18941
	Protein (g)	10.9728	10.9728
	Salt (g)	1.45161	1.45161
	Fibre (g)	3.77515	3.77515
Storage Conditions	Ambient		
Additional Information	Dimension LxWxH (mm): 110x90x40 Dimension tolerance: +/- 10% Nomimal (minimum) weight (g): 66 Target (+10%): 72.6 Number of slices or portions: n/a		