



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Bertinet Seeded Whole 500g (48h)		
Product Code	F SRD09291 BF		
Product Description	NPD00400		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Flour (32%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water (15%), Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Yellow Linseeds (8%), Sunflower Seeds (6%), Wholemeal Wheat Flour, Poppy Seeds (2%), Sea Salt, Malted Barley Flour, Wholemeal Spelt Flour (Wheat), Wholemeal Spelt Flour (0%) (Wheat)		
Claims			
Serving Size	g		
Shelf Life	2 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1279.11	1279.11
	Energy (kcal)	302.783	302.783
	Fat (g)	7.81361	7.81361
	Saturates (g)	0.94822	0.94822
	Carbohydrates(g)	49.9529	49.9529
	Total Sugars (g)	0.71469	0.71469
	Protein (g)	9.67534	9.67534
	Salt (g)	1.27454	1.27454
	Fibre (g)	5.75728	5.75728
Storage Conditions	Ambient		
Additional Information	Dimension LxWxH (mm): 210x130x60 Dimension tolerance: +/- 10% Nominal (minimum) weight (g): 500 Target (+10%): 550 Number of slices or portions: n/a		