



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

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|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------------|
| Product Name           | ROLL Ciabatta Square 2x20                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |          |             |
| Product Code           | FI08860                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          |             |
| Product Description    | ROLL Ciabatta Square 2x20                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |          |             |
| Allergens              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Contains | Trace       |
|                        | (Tree) Nuts                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | no       | no          |
|                        | Celery                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | no       | no          |
|                        | Crustaceans                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | no       | no          |
|                        | Eggs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | no       | no          |
|                        | Fish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | no       | no          |
|                        | Gluten                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | yes      | yes         |
|                        | Lupin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | no       | no          |
|                        | Milk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | no       | no          |
|                        | Molluscs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | no       | no          |
|                        | Mustard                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | no       | no          |
|                        | Peanut                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | no       | no          |
|                        | Sesame                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | no       | no          |
|                        | Soya                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | yes      | yes         |
|                        | Sulphites                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | no       | no          |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |          |             |
| Ingredients            | Flour ( <b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Extra Virgin Olive Oil, Yeast, Spirit Vinegar Spirit Vinegar (water, Distilled Alcohol),, Sandwich Enhancer ( <b>Wheat</b> Flour (Calcium, Iron, Niacin, Thiamin)), Salt, Fermented <b>Wheat</b> Flour, Dough Conditioner ( <b>Soy</b> Flour, Calcium Sulphate, Flour ( <b>Wheat</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Enzymes, Flour Treatment Agent (Ascorbic Acid)),, Vegetable Oil (Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane)), <b>Wheat Gluten</b> , Sugar, Malted <b>Wheat</b> Flour, Rapeseed Oil |          |             |
| Claims                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |          |             |
| Serving Size           | g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |          |             |
| Shelf Life             | 7 Days                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |          |             |
| Nutrition              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Per 100g | Per Serving |
|                        | Energy (kj)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 1138.87  | 1138.87     |
|                        | Energy (kcal)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 272.275  | 272.275     |
|                        | Fat (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 4.47213  | 4.47213     |
|                        | Saturates (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 0.80061  | 0.80061     |
|                        | Carbohydrates(g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 46.9235  | 46.9235     |
|                        | Total Sugars (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 0.75967  | 0.75967     |
|                        | Protein (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 9.46759  | 9.46759     |
|                        | Salt (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 0.98956  | 0.98956     |
|                        | Fibre (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 2.78807  | 2.78807     |
| Storage Conditions     | Ambient                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          |             |
| Additional Information |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |          |             |