



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SPECIALITY BREAD Bloomer Multiseeded Sliced x4		
Product Code	FI08880		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	yes	yes
	Sulphites	no	no
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Rye Flour none, Sunflower Seeds (5%), Millet Seeds, Brown Linseeds (3%), Pearl Barley , Yeast, Invert Sugar Syrup, Malt Cob Conc (Malted Wheat , Malted Barley), Brown Linseeds, Flour Oats Rolled Stabilised none, Dough Conditioner (Soy Flour, Calcium Sulphate, Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Enzymes, Flour Treatment Agent (Ascorbic Acid))., Salt, Pumpkin Seeds (1%), Rapeseed Oil, Poppy Seeds (1%), Fermented Wheat Flour, Sandwich Enhancer (Wheat Flour (Calcium, Iron, Niacin, Thiamin))		
Claims			
Serving Size	g		
Shelf Life	4 Days		
Nutrition		Per 100g	Per Serving
	Energy (kj)	1256.45	1256.45
	Energy (kcal)	300.346	300.346
	Fat (g)	6.65761	6.65761
	Saturates (g)	0.98739	0.98739
	Carbohydrates(g)	48.48	48.48
	Total Sugars (g)	2.34887	2.34887
	Protein (g)	10.8349	10.8349
	Salt (g)	0.96072	0.96072
	Fibre (g)	5.75015	5.75015
Storage Conditions	Ambient		

Additional Information	
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