



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Spiced Rye (48hr)		
Product Code	F SRD09336 BF		
Product Description	NPD03692		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	trace	trace
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	trace	trace
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Wholemeal Rye Flour, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Wholemeal Rye Flour (9%), Rye Flour, Pumpkin Seeds (7%), Barley and Malt Extract, Black Treacle (Cane Molasses, Invert Sugar Syrup), Sea Salt, Water (1%), Cumin Seeds, Caraway Seeds, Fennel Seeds, Coriander Seeds		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1084.67	1084.67
	Energy (kcal)	255.497	255.497
	Fat (g)	4.10171	4.10171
	Saturates (g)	0.74741	0.74741
	Carbohydrates(g)	51.4598	51.4598
	Total Sugars (g)	4.40047	4.40047
	Protein (g)	7.08515	7.08515
	Salt (g)	1.21094	1.21094
	Fibre (g)	6.62355	6.62355
Storage Conditions			
Additional Information			