



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |
|------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------------|
| Product Name           | SOURDOUGH Bertinet Olive Whole 500g (48hr)                                                                                                                                                                                                                                                                                                                                                                                                                                                    |          |             |
| Product Code           | F SRD09292 OOL BF                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |          |             |
| Product Description    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |
| Allergens              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Contains | Trace       |
|                        | (Tree) Nuts                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | no       | no          |
|                        | Celery                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | no       | no          |
|                        | Crustaceans                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | no       | no          |
|                        | Eggs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | no       | no          |
|                        | Fish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | no       | no          |
|                        | Gluten                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | yes      | yes         |
|                        | Lupin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | no       | no          |
|                        | Milk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | no       | no          |
|                        | Molluscs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | no       | no          |
|                        | Mustard                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | no       | no          |
|                        | Peanut                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | no       | no          |
|                        | Sesame                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | no       | no          |
|                        | Soya                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | no       | no          |
|                        | Sulphites                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | no       | no          |
|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |
| Ingredients            | SOURDOUGH Bertinet Olive Whole 500g (48h) (100%); SOURDOUGH Bertinet Olive Whole 500g (48h) contains: Water (43%), Flour ( <b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (28%) ( <b>Wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Green Olives (19%) (Green Olives, Water, Salt, Acidity RegulatorS (Citric Acid ,Lactic Acid)), Sea Salt, Wholemeal <b>Spelt</b> Flour ( <b>Wheat</b> ), Rosemary, Wholemeal <b>Spelt</b> Flour (0%) ( <b>Wheat</b> ) |          |             |
| Claims                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |
| Serving Size           | g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |          |             |
| Shelf Life             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |
| Nutrition              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Per 100g | Per Serving |
|                        | Energy (kj)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 947.688  | 947.688     |
|                        | Energy (kcal)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 223.915  | 223.915     |
|                        | Fat (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 2.6065   | 2.6065      |
|                        | Saturates (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 0.46987  | 0.46987     |
|                        | Carbohydrates(g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 46.2962  | 46.2962     |
|                        | Total Sugars (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 0.6267   | 0.6267      |
|                        | Protein (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 6.72813  | 6.72813     |
|                        | Salt (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 2.153    | 2.153       |
|                        | Fibre (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 2.24125  | 2.24125     |
| Storage Conditions     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |
| Additional Information |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |          |             |