



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	TIN Open SRD Seeded 1.1 kg Sliced (48h) NPD03278		
Product Code	F TIN09052 OOL BB		
Product Description	NPD03278 F		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Brown Linseeds (6%), Flour (4%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Wholemeal Wheat Flour, Millet Seeds (2%), Sunflower Seeds (2%), Chia Seeds (2%), Organic Wholemeal Emmer Wheat Flour, Millet Seed (2%), Barley Flour, Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Sea Salt, Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour (1%), Wholemeal Spelt Flour (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	997.099	997.099
	Energy (kcal)	236.488	236.488
	Fat (g)	4.7572	4.7572
	Saturates (g)	0.6369	0.6369
	Carbohydrates(g)	42.4616	42.4616
	Total Sugars (g)	0.60945	0.60945
	Protein (g)	8.29127	8.29127
	Salt (g)	1.08017	1.08017
	Fibre (g)	4.99389	4.99389
Storage Conditions			
Additional Information			