



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

|                        |                                                      |          |             |
|------------------------|------------------------------------------------------|----------|-------------|
| Product Name           | Mix, Bertinet Seed, Millet, Brown Linseed 5% wastage |          |             |
| Product Code           | MI01564                                              |          |             |
| Product Description    |                                                      |          |             |
| Allergens              |                                                      | Contains | Trace       |
|                        | (Tree) Nuts                                          | no       | no          |
|                        | Celery                                               | no       | no          |
|                        | Crustaceans                                          | no       | no          |
|                        | Eggs                                                 | no       | no          |
|                        | Fish                                                 | no       | no          |
|                        | Gluten                                               | no       | no          |
|                        | Lupin                                                | no       | no          |
|                        | Milk                                                 | no       | no          |
|                        | Molluscs                                             | no       | no          |
|                        | Mustard                                              | no       | no          |
|                        | Peanut                                               | no       | no          |
|                        | Sesame                                               | no       | no          |
|                        | Soya                                                 | no       | no          |
|                        | Sulphites                                            | no       | no          |
|                        |                                                      |          |             |
| Ingredients            | Brown Linseeds (50%), Millet Seed (50%)              |          |             |
| Claims                 |                                                      |          |             |
| Serving Size           | g                                                    |          |             |
| Shelf Life             |                                                      |          |             |
| Nutrition              |                                                      | Per 100g | Per Serving |
|                        | Energy (kj)                                          | 1742.64  | 1742.64     |
|                        | Energy (kcal)                                        | 416.5    | 416.5       |
|                        | Fat (g)                                              | 20.25    | 20.25       |
|                        | Saturates (g)                                        | 2.45     | 2.45        |
|                        | Carbohydrates(g)                                     | 40.15    | 40.15       |
|                        | Total Sugars (g)                                     | 1.05     | 1.05        |
|                        | Protein (g)                                          | 16.5     | 16.5        |
|                        | Salt (g)                                             | 0.0345   | 0.0345      |
|                        | Fibre (g)                                            | 16.45    | 16.45       |
| Storage Conditions     |                                                      |          |             |
| Additional Information |                                                      |          |             |