



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

|                        |                                                                                                                                                                           |          |             |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------------|
| Product Name           | ENGLISH MUFFIN Skillet Packed x2 (48h)                                                                                                                                    |          |             |
| Product Code           | F EMF09574 BF                                                                                                                                                             |          |             |
| Product Description    | NPD05386                                                                                                                                                                  |          |             |
| Allergens              |                                                                                                                                                                           | Contains | Trace       |
|                        | (Tree) Nuts                                                                                                                                                               | no       | no          |
|                        | Celery                                                                                                                                                                    | no       | no          |
|                        | Crustaceans                                                                                                                                                               | no       | no          |
|                        | Eggs                                                                                                                                                                      | no       | no          |
|                        | Fish                                                                                                                                                                      | no       | no          |
|                        | Gluten                                                                                                                                                                    | yes      | yes         |
|                        | Lupin                                                                                                                                                                     | no       | no          |
|                        | Milk                                                                                                                                                                      | yes      | yes         |
|                        | Molluscs                                                                                                                                                                  | no       | no          |
|                        | Mustard                                                                                                                                                                   | no       | no          |
|                        | Peanut                                                                                                                                                                    | no       | no          |
|                        | Sesame                                                                                                                                                                    | no       | no          |
|                        | Soya                                                                                                                                                                      | no       | no          |
|                        | Sulphites                                                                                                                                                                 | no       | no          |
|                        |                                                                                                                                                                           |          |             |
| Ingredients            | Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine, Flour Treatment Agent (Ascorbic Acid)), Water (38%), Milk (5%), Milled Rice, Yeast, Salt, Butter (Milk), Sugar |          |             |
| Claims                 |                                                                                                                                                                           |          |             |
| Serving Size           | g                                                                                                                                                                         |          |             |
| Shelf Life             |                                                                                                                                                                           |          |             |
| Nutrition              |                                                                                                                                                                           | Per 100g | Per Serving |
|                        | Energy (kj)                                                                                                                                                               | 1158.14  | 1158.14     |
|                        | Energy (kcal)                                                                                                                                                             | 276.576  | 276.576     |
|                        | Fat (g)                                                                                                                                                                   | 1.70804  | 1.70804     |
|                        | Saturates (g)                                                                                                                                                             | 0.71202  | 0.71202     |
|                        | Carbohydrates(g)                                                                                                                                                          | 57.2132  | 57.2132     |
|                        | Total Sugars (g)                                                                                                                                                          | 2.84866  | 2.84866     |
|                        | Protein (g)                                                                                                                                                               | 9.01746  | 9.01746     |
|                        | Salt (g)                                                                                                                                                                  | 1.29119  | 1.29119     |
|                        | Fibre (g)                                                                                                                                                                 | 2.66828  | 2.66828     |
| Storage Conditions     |                                                                                                                                                                           |          |             |
| Additional Information |                                                                                                                                                                           |          |             |