



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Seeded x4 [JS] - UPC 07972372		
Product Code	F SRD08304 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	trace	trace
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	trace	trace
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	yes	yes
	Sulphites	no	no
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Flour (19%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water (16%), Yellow Linseeds, Poppy Seeds, Sunflower Seeds, Vegetable Oil (Rapeseed Oil, Extra Virgin Olive Oil), Sunflower Seeds (1%), Yellow Linseeds (1%), Pearl Barley , Sea Salt, Malted Cob Flour (Malted Wheat Flakes, Malted Barley Flour, Kibbled Malted Wheat , Malted Wheat Flour), Millet Seed, Dough Conditioner (Soy Flour, Wheat Flour (with Calcium, Niacin, Iron, Thiamine), Flour Treatment Agent (Ascorbic Acid)), Pumpkin Seeds (0%), Improver Concentrated Softener JS (Gluten), Fermented Wheat Flour, Wheat Gluten , Poppy Seeds (0%)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1266.52	1266.52
	Energy (kcal)	298.738	298.738
	Fat (g)	6.72221	6.72221
	Saturates (g)	0.87288	0.87288
	Carbohydrates(g)	52.5435	52.5435
	Total Sugars (g)	0.56865	0.56865
	Protein (g)	9.5348	9.5348
	Salt (g)	1.04447	1.04447
	Fibre (g)	4.00742	4.00742

Storage Conditions	
Additional Information	