



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	MEP Hot Cross Bun x15 (24hr)		
Product Code	F SWB09630 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	yes	yes
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	yes	yes
Ingredients	Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Milk , Sultanas (10%) (Sultanas, Sunflower Oil), Currants (6%) (Currants, Sunflower Oil), Cranberries (6%) (Cranberries, Sugar, Sunflower Oil), Pasteurised Free-Range Egg , Durum Wheat Semolina, Water, Rapeseed Oil, Rye Flour none, Butter (Milk), Orange Juice, Sugar, Candied Orange Peel (Orange, Sugar, Glucose Syrup), Wholemeal flour (Gluten), Yeast (Yeast, Emulsifier (Sorbitan Monostearate)), Wheat Gluten , Salt, Orange Zest, Ground Cinnamon (Remove ALLERGEN if FP contains LESS THAN 10ppm) (Sulphites), Nutmeg, Mixed Spice (Coriander, Cassia, Ginger, Fennel, Nutmeg, Clove, Cardamom), Grains Of Paradise		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1217.77	1217.77
	Energy (kcal)	295.081	295.081
	Fat (g)	8.1305	8.1305
	Saturates (g)	2.6568	2.6568
	Carbohydrates(g)	49.9388	49.9388
	Total Sugars (g)	20.7469	20.7469
	Protein (g)	7.70297	7.70297
	Salt (g)	0.76783	0.76783
	Fibre (g)	3.31744	3.31744
Storage Conditions			

Additional Information	
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