



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

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|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------------|
| Product Name        | SAVOURY Quiche Sundried Tomato& Artichoke x6 (48h)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |          |             |
| Product Code        | F QCH09666 BF                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |          |             |
| Product Description | NPD05819                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |          |             |
| Allergens           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Contains | Trace       |
|                     | (Tree) Nuts                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | no       | no          |
|                     | Celery                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | no       | no          |
|                     | Crustaceans                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | no       | no          |
|                     | Eggs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | yes      | yes         |
|                     | Fish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | no       | no          |
|                     | Gluten                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | yes      | yes         |
|                     | Lupin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | no       | no          |
|                     | Milk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | yes      | yes         |
|                     | Molluscs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | no       | no          |
|                     | Mustard                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | no       | no          |
|                     | Peanut                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | no       | no          |
|                     | Sesame                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | no       | no          |
|                     | Soya                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | no       | no          |
|                     | Sulphites                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | no       | no          |
|                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          |             |
| Ingredients         | <b>Wheat</b> Flour ( <b>Wheat</b> Flour, Calcium, Iron, Niacin, Thiamine, Flour Treatment Agent (Ascorbic Acid)), Ricotta Cheese (14%) ( <b>Whey</b> , <b>Milk</b> , Acidity Regulators (Critic Acid, Salt), Pasteurised Free-Range <b>Egg</b> , Butter ( <b>Milk</b> ), Semi-Dried Tomato (9%) (Semidried Tomatoes (50%), Rapeseed Oil, Sugar, Salt, Dried Garlic, Dried Oregano.), Baby Artichokes (Artichokes (63%), Rapeseed Oil, Salt, Vegetable Bouillon (Salt, Rice Flour, Yeast Extract, Onion, Parsley, Carrot, Leek, Sunflower Oil, Turmeric), Dried Parsley, Dried Garlic, Wine Vinegar), Double Cream (Pasteurised <b>Milk</b> ), Sour Cream (Pasteurised <b>Milk</b> ), Mature Cheese (8%) ( <b>Milk</b> ), Ezme Paste (Grilled Red Peppers (28%), Rapeseed Oil, Rehydrated Sundried Tomatoes (18%), Pomegranate Molasses (10%), Tomato Paste, Lemon Juice, Salt, Garlic Puree, Green Chill, Grape Vinegar, Dried Onions, Dried Peppers, Mixed Herbs and Spices), Water, Pasteurised Free-Range <b>Egg</b> Yolk, Parsley (1%), Salt, Garlic, Rosemary, Black Pepper, Sugar, Thyme |          |             |
| Claims              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          |             |
| Serving Size        | g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |          |             |
| Shelf Life          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          |             |
| Nutrition           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Per 100g | Per Serving |
|                     | Energy (kj)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 1236.79  | 2696.21     |
|                     | Energy (kcal)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 296.651  | 646.7       |
|                     | Fat (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 22.6374  | 49.3495     |
|                     | Saturates (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 11.7897  | 25.7016     |
|                     | Carbohydrates(g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 14.2609  | 31.0887     |
|                     | Total Sugars (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 3.45508  | 7.53207     |
|                     | Protein (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 8.89392  | 19.3887     |
|                     | Salt (g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 1.17668  | 2.56516     |

|                        |           |         |         |
|------------------------|-----------|---------|---------|
|                        | Fibre (g) | 1.47959 | 3.22551 |
| Storage Conditions     |           |         |         |
| Additional Information |           |         |         |