



The Bread Factory  
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ  
020 8457 2080

|                        |                                                                                                                                                                                                                         |          |             |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------------|
| Product Name           | Soup Spicy Chickpea & Red Pepper (kettle)                                                                                                                                                                               |          |             |
| Product Code           | SHOP00217                                                                                                                                                                                                               |          |             |
| Product Description    | NPD06152                                                                                                                                                                                                                |          |             |
| Allergens              |                                                                                                                                                                                                                         | Contains | Trace       |
|                        | (Tree) Nuts                                                                                                                                                                                                             | trace    | trace       |
|                        | Celery                                                                                                                                                                                                                  | yes      | yes         |
|                        | Crustaceans                                                                                                                                                                                                             | no       | no          |
|                        | Eggs                                                                                                                                                                                                                    | trace    | trace       |
|                        | Fish                                                                                                                                                                                                                    | trace    | trace       |
|                        | Gluten                                                                                                                                                                                                                  | trace    | trace       |
|                        | Lupin                                                                                                                                                                                                                   | no       | no          |
|                        | Milk                                                                                                                                                                                                                    | trace    | trace       |
|                        | Molluscs                                                                                                                                                                                                                | no       | no          |
|                        | Mustard                                                                                                                                                                                                                 | trace    | trace       |
|                        | Peanut                                                                                                                                                                                                                  | no       | no          |
|                        | Sesame                                                                                                                                                                                                                  | trace    | trace       |
|                        | Soya                                                                                                                                                                                                                    | trace    | trace       |
|                        | Sulphites                                                                                                                                                                                                               | trace    | trace       |
|                        |                                                                                                                                                                                                                         |          |             |
| Ingredients            | Natoora Soup Cycle 1 Water, Chickpeas (21.5%), Red Peppers (14.8%), Soffritto (Onion, <b>Celery</b> , Extra Virgin Olive Oil, Garlic, Salt), Extra Virgin Olive Oil, Lemon Juice, Salt, Cumin Seeds, Dried Red Chillies |          |             |
| Claims                 |                                                                                                                                                                                                                         |          |             |
| Serving Size           | g                                                                                                                                                                                                                       |          |             |
| Shelf Life             |                                                                                                                                                                                                                         |          |             |
| Nutrition              |                                                                                                                                                                                                                         | Per 100g | Per Serving |
|                        | Energy (kj)                                                                                                                                                                                                             | 391.436  | 391.436     |
|                        | Energy (kcal)                                                                                                                                                                                                           | 93.5556  | 93.5556     |
|                        | Fat (g)                                                                                                                                                                                                                 | 6.55556  | 6.55556     |
|                        | Saturates (g)                                                                                                                                                                                                           | 0.88889  | 0.88889     |
|                        | Carbohydrates(g)                                                                                                                                                                                                        | 5.55556  | 5.55556     |
|                        | Total Sugars (g)                                                                                                                                                                                                        | 1.88889  | 1.88889     |
|                        | Protein (g)                                                                                                                                                                                                             | 2.22222  | 2.22222     |
|                        | Salt (g)                                                                                                                                                                                                                | 0.45556  | 0.45556     |
|                        | Fibre (g)                                                                                                                                                                                                               | 2.11111  | 2.11111     |
| Storage Conditions     |                                                                                                                                                                                                                         |          |             |
| Additional Information |                                                                                                                                                                                                                         |          |             |