



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	Gail's Picnic lunch (serves 4)		
Product Code	SHOP00219		
Product Description	NPD06143		
Allergens		Contains	Trace
	(Tree) Nuts	yes	yes
	Celery	trace	trace
	Crustaceans	no	no
	Eggs	yes	yes
	Fish	trace	trace
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	trace	trace
	Peanut	no	no
	Sesame	yes	yes
	Soya	yes	yes
	Sulphites	yes	yes

Ingredients	Cinnamon Bun (Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine, Flour Treatment Agent (Ascorbic Acid)), Butter (Milk), Water, Sugar, Brown Sugar, Yeast, Ground Cinnamon (2%), Salt), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), MORTADELLA ORO WITHOUT PIST 4.5kg Pork Meat (76%), Pork Tripe, Sea Salt, Sugar, Spices, Natural Flavours, Antioxidant: Sodium Ascorbate, Preservative: Sodium Nitrite., Tomato (8%), Water, Flour (6%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Courgette tops and bottoms cut, semi circle slices (6%), Ricotta Cheese Whey (Cow's Milk), Cow's Milk , Salt, Acidity Regulator: Citric Acid, Strawberry (4%), Butter (Milk), Water(2%), White Cabbage, Red Cabbage, Whey Butter (2%) (Whey Cream (Milk), Salt), Rocket, NaturalYogurt (Skimmed Milk and Skimmed Milk Solids, Cream, Starter Culture), Sugar, Peas, Superstraccia(2%) (Soya Milk, Coconut Oil, Water, Salt, Xanthan Gum, Carrageenan, Dextrose, Vegan Fermentation Cultures, Lactic Acid, Vegetable Fibres, Soya Lecithins), Muhammara (2%) Red Peppers (50%), Walnut (Nuts), Extra Virgin Olive Oil (15%), Red Wine Vinegar (Sulphites), Water, Salt, Tomato Paste, Cumin Seeds, Garlic, Chipotle Chillies., Hot Pickled Peppers 10kg (Sweet Peppers(45%), Cider Vinegar, Hot Peppers (13%), Water, Sugar, Shallots, Garlic, Salt, Bay Leaf, Thyme, Oregano), Edamame Beans (Soya), Sugar Snap Peas, Red Pepper (1%), Carrot, Yellow Pepper (50%), Orange Pepper (50%) (1%), Pitted Kalamata Olives (1%) (Kalamata Olives, Salt), Parmesan Reggiano Grated strands (Unpasteurised Cow's Milk , Salt, Animal Rennet), Ricotta Cheese (1%) (Whey , Milk , Acidity Regulators (Critic Acid, Salt), Caster Sugar, Polenta (1%) (Cornflour), Dried Skimmed Milk (1%), Extra Virgin Olive Oil, Pasteurised Free-Range Egg , Tahini (1%) (Sesame Seeds), Lemon Juice, Maple Syrup, Poppy Seeds (1%), Pumpkin Seeds (1%), Green Olives (Green Olives, Water, Salt, Acidity RegulatorS (Citric Acid ,Lactic Acid)), Durum Wheat Semolina, Red Wine Vinegar (Red Wine Vinegar, Antioxidant (Potassium Metabisulphite (Sulphites))), Pistachio Nut (0%), Salt, Almond Butter (Almonds (100%)), Onion, Black Sesame Seeds (0%), White Sesame Seeds (0%), Malted Wheat Flour, Miso Paste(Water, Soya Beans, Rice, Salt, Alcohol, Yeast), Capers (Capers, Salt, Water, Vinegar), Wholemeal Rye Flour (0%), Granulated Sugar (White Sugar), White Wine Vinegar (White Wine Vinegar, Antioxidant (Potassium Metabisulphite (Sulphites))), Cornish Salt & Pepper Mixed Tub 140g (WG) (Sea Salt (59%), Cracked Black Peppercorn, Red Pepper, Cracked Green Peppercorn, Pimento), Rapeseed Oil, Vegetable Oil (Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane)), Parsley (0%), Mint, Coriander (0%), Chives, Yellow Linseeds, Yeast, Barley and Malt Extract, Icing Sugar, Date Syrup (Dates (100%)), Ground Cinnamon (0%) (Remove ALLERGEN if FP contains LESS THAN 10ppm) (Sulphites), White Sesame Seeds, Black Onion Seeds, Vanilla Extract (Invert Sugar, Vanilla Concentrate, Spent Vanilla Powder), Baking Powder (Raising Agents (Sodium acid pyrophosphate, Sodium bicarbonate), Wheat Flour (Calcium, Iron, Niacin, Thiamine)), Sunflower Seeds, Fennel Seeds, Light Soy Sauce (Water, Salt, Soy beans, White Sugar, Wheat Flour, Preservative (Sodium Benzoate), Flavour Enhancers (Sodium Guanylate,Sodium Inosinate)), Wholemeal Spelt Flour (Wheat), Sea Salt, Oregano, Raising Agent (Sodium Bicarbonate), Red Chilli, Lemon Zest, Rosemary (0%), Garlic, Wholemeal Spelt Flour (0%) (Wheat), Cayenne Pepper (Chilli Powder, Paprika), Black Pepper; Courgette tops and bottoms cut, semi circle slices contains: Courgette		
	Claims		
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1047.39	1047.39
	Energy (kcal)	250.659	250.659
	Fat (g)	14.1431	14.1431
	Saturates (g)	6.52948	6.52948
	Carbohydrates(g)	25.1243	25.1243
	Total Sugars (g)	8.42999	8.42999
	Protein (g)	6.52289	6.52289
	Salt (g)	1.02363	1.02363
	Fibre (g)	2.01185	2.01185
Storage Conditions			
Additional Information			