



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	Gail's Picnic lunch (serves 2)		
Product Code	SHOP00220		
Product Description	NPD06144		
Allergens		Contains	Trace
	(Tree) Nuts	yes	yes
	Celery	trace	trace
	Crustaceans	no	no
	Eggs	yes	yes
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	trace	trace
	Peanut	no	no
	Sesame	yes	yes
	Soya	yes	yes
	Sulphites	yes	yes
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), MORTADELLA ORO WITHOUT PIST 4.5kg Pork Meat (76%), Pork Tripe, Sea Salt, Sugar, Spices, Natural Flavours, Antioxidant: Sodium Ascorbate, Preservative: Sodium Nitrite., Tomato (7%), Strawberry (7%), Water, Flour (6%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Butter (Milk), White Cabbage, Red Cabbage, Natural Yogurt (Skimmed Milk and Skimmed Milk Solids, Cream, Starter Culture), Sugar, Ricotta Cheese Whey (Cow's Milk , Cow's Milk , Salt, Acidity Regulator: Citric Acid, Water (3%), Edamame Beans (Soya), Sugar Snap Peas, Red Pepper (2%), Carrot, Yellow Pepper (50%), Orange Pepper (50%) (2%), Whey Butter (2%) (Whey Cream (Milk), Salt), Ricotta Cheese (2%) (Whey , Milk , Acidity Regulators (Citric Acid, Salt), Polenta (2%) (Cornflour), Pasteurised Free-Range Egg , Tahini (2%) (Sesame Seeds), Hot Pickled Peppers 10kg (Sweet Peppers(45%), Cider Vinegar, Hot Peppers (13%), Water, Sugar, Shallots, Garlic, Salt, Bay Leaf, Thyme, Oregano), Maple Syrup, Pumpkin Seeds (1%), Rocket, Parmesan Reggiano Grated strands (Unpasteurised Cow's Milk , Salt, Animal Rennet), Dried Skimmed Milk (1%), Extra Virgin Olive Oil, Lemon Juice, Almond Butter (Almonds (100%)), Poppy Seeds (1%), Miso Paste (Water, Soya Beans, Rice, Salt, Alcohol, Yeast), Green Olives (Green Olives, Water, Salt, Acidity RegulatorS (Citric Acid ,Lactic Acid)), Granulated Sugar (White Sugar), White Wine Vinegar (White Wine Vinegar, Antioxidant (Potassium Metabisulphite (Sulphites))), Durum Wheat Semolina, Salt, Rapeseed Oil, Red Wine Vinegar (Red Wine Vinegar, Antioxidant (Potassium Metabisulphite (Sulphites))), Pistachio Nut (0%), Vegetable Oil (Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane)), Onion, Black Sesame Seeds (0%), White Sesame Seeds (0%), Malted Wheat Flour, Capers (Capers, Salt, Water, Vinegar), Yellow Linseeds, Wholemeal Rye Flour (0%), Icing Sugar, Cornish Salt & Pepper Mixed Tub 140g (WG) (Sea Salt (59%), Cracked Black Peppercorn, Red Pepper, Cracked Green Peppercorn, Pimento), Date Syrup (Dates (100%)), White Sesame Seeds, Black Onion Seeds, Vanilla Extract (Invert Sugar, Vanilla Concentrate, Spent Vanilla Powder), Baking Powder (Raising Agents (Sodium acid pyrophosphate, Sodium bicarbonate), Wheat Flour (Calcium, Iron, Niacin, Thiamine)), Parsley (0%), Mint, Coriander (0%), Chives, Sunflower Seeds, Fennel Seeds, Yeast, Barley and Malt Extract, Light Soy Sauce (Water, Salt, Soy beans, White Sugar, Wheat Flour, Preservative (Sodium Benzoate), Flavour Enhancers (Sodium Guanylate,Sodium Inosinate)), Raising Agent (Sodium Bicarbonate), Red Chilli, Wholemeal Spelt Flour (Wheat), Rosemary (0%), Sea Salt, Lemon Zest, Garlic, Black Pepper, Cayenne Pepper (Chilli Powder, Paprika), Wholemeal Spelt Flour (0%) (Wheat)		
Claims			

Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1003.76	1003.76
	Energy (kcal)	240.156	240.156
	Fat (g)	13.5666	13.5666
	Saturates (g)	5.65973	5.65973
	Carbohydrates(g)	23.1563	23.1563
	Total Sugars (g)	7.74852	7.74852
	Protein (g)	7.07626	7.07626
	Salt (g)	0.96709	0.96709
	Fibre (g)	1.90764	1.90764
Storage Conditions			
Additional Information			