



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Seeded 800g Sliced COSTCO (48hr)		
Product Code	F SRD09751 BF		
Product Description	NPD06354		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Flour (47%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Water (7%), Millet Seed (6%), Flour (5%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Pumpkin Seeds (3%), Sunflower Seeds (3%), Chia Seeds (2%), Wholemeal Rye Flour (2%), Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Malted Barley Flour, Salt, Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour (1%), Organic Wholemeal Emmer Wheat Flour, Wholemeal Spelt Flour (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1151.28	1151.28
	Energy (kcal)	272.983	272.983
	Fat (g)	4.57933	4.57933
	Saturates (g)	0.7428	0.7428
	Carbohydrates(g)	51.9083	51.9083
	Total Sugars (g)	0.6156	0.6156
	Protein (g)	9.16353	9.16353
	Salt (g)	1.06032	1.06032
	Fibre (g)	4.22512	4.22512
Storage Conditions			
Additional Information			