



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Traditional Whole 500g MM (48h)		
Product Code	F SRD09776 BF		
Product Description	NPD06393 F		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water (51%), Flour (38%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (14%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Wholemeal Wheat Flour (4%), Sea Salt (1%), Malted Barley Flour, Wholemeal Spelt Flour (Wheat), Wholemeal Spelt Flour (0%) (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	995.635	995.635
	Energy (kcal)	234.657	234.657
	Fat (g)	0.9676	0.9676
	Saturates (g)	0.2083	0.2083
	Carbohydrates(g)	51.8844	51.8844
	Total Sugars (g)	0.49583	0.49583
	Protein (g)	7.56517	7.56517
	Salt (g)	1.41865	1.41865
	Fibre (g)	3.21204	3.21204
Storage Conditions			
Additional Information			