



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Seeded 600g JS ISB x6 (48hr)		
Product Code	F SRD09817 BF		
Product Description	NPD06234		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Millet Seed (7%), Water (6%), Wheat Flour Wheat Flour, Iron, Niacin, Thiamine, Calcium Carbonate, Flour (5%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Pumpkin Seeds (3%), Sunflower Seeds (3%), Chia Seeds (2%), Wholemeal Rye Flour (2%), Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Milled Rice, Flour (1%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Malted Barley Flour, Salt, Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour (1%), Organic Wholemeal Emmer Wheat Flour, Wholemeal Spelt Flour (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1118.79	1118.79
	Energy (kcal)	265.451	265.451
	Fat (g)	4.55535	4.55535
	Saturates (g)	0.74007	0.74007
	Carbohydrates(g)	49.8429	49.8429
	Total Sugars (g)	0.5966	0.5966
	Protein (g)	8.79925	8.79925
	Salt (g)	0.98027	0.98027
	Fibre (g)	3.9849	3.9849
Storage Conditions			

Additional Information	
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