



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	INGREDIENT Squash & Sage Baked Fritter x10 (48hr)		
Product Code	F ING09824 CK		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Squash peeled,half seeds removed and washed 1kg (74%), Water, Polenta (Cornflour), Onion, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Vegetable Oil (Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane)), Sage (1%), Salt, Black Pepper		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1194.29	597.144
	Energy (kcal)	286.594	143.297
	Fat (g)	13.9464	6.9732
	Saturates (g)	1.08281	0.541405
	Carbohydrates(g)	38.7303	19.3651
	Total Sugars (g)	2.73311	1.36655
	Protein (g)	4.08851	2.04426
	Salt (g)	0.75601	0.378005
	Fibre (g)	3.11353	1.55676
Storage Conditions			
Additional Information			