



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Gails 650g (48h)		
Product Code	F SRD09897 BF		
Product Description	NPD06641 F		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (15%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (13%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Wholemeal Flour (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamine (B1)), Wholemeal Rye Flour, Water (3%), Organic Wholemeal Emmer Wheat Flour (3%), Barley Flour, Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Sea Salt, Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour, Wholemeal Spelt Flour (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	932.977	932.977
	Energy (kcal)	221.369	221.369
	Fat (g)	1.00597	1.00597
	Saturates (g)	0.182	0.182
	Carbohydrates(g)	48.1009	48.1009
	Total Sugars (g)	0.66565	0.66565
	Protein (g)	7.35146	7.35146
	Salt (g)	1.22106	1.22106
	Fibre (g)	3.76939	3.76939
Storage Conditions			
Additional Information			