



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	DINNER ROLL Rustic Seeded x15 (48hr)		
Product Code	F SRD09864 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Wheat Flour Wheat Flour, Iron, Niacin, Thiamine, Calcium Carbonate, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Yellow Linseeds, Wholemeal Rye Flour, Water (3%), Salt, Yeast, Flour (1%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Wholemeal Spelt Flour (Wheat), Wholemeal Spelt Flour (0%) (Wheat)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1304.07	495.546
	Energy (kcal)	310.057	117.822
	Fat (g)	6.13365	2.33079
	Saturates (g)	0.60098	0.228372
	Carbohydrates(g)	52.9408	20.1175
	Total Sugars (g)	0.94926	0.360719
	Protein (g)	9.74675	3.70376
	Salt (g)	1.12718	0.428328
	Fibre (g)	6.07817	2.3097
Storage Conditions			
Additional Information			