



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	CIABATTA (48hr)		
Product Code	F CIA08058 BF		
Product Description	NPD06643 F v2		
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Water (7%), Wheat Flour Wheat Flour, Iron, Niacin, Thiamine, Calcium Carbonate, Flour (6%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Wholemeal Rye Flour, Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Flour (1%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour (1%), Organic Wholemeal Emmer Wheat Flour, Wholemeal Spelt Flour (Wheat), Yeast		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	956.818	956.818
	Energy (kcal)	226.594	226.594
	Fat (g)	0.86403	0.86403
	Saturates (g)	0.16826	0.16826
	Carbohydrates(g)	50.0778	50.0778
	Total Sugars (g)	0.60857	0.60857
	Protein (g)	7.40547	7.40547
	Salt (g)	1.17049	1.17049
	Fibre (g)	2.97721	2.97721
Storage Conditions			
Additional Information			