



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	MEP Cookie Pecan Oatmeal & Cranberry 90g x5 (48hr)		
Product Code	F COO04728 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	yes	yes
	Celery	no	no
	Crustaceans	no	no
	Eggs	yes	yes
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Rolled Oats , Butter (Milk), Sugar, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Pecan Nuts, Brown Sugar, Cranberries (Cranberries, Sugar, Sunflower Oil), Water, Pasteurised Free-Range Egg , Vanilla Extract (Invert Sugar, Vanilla Concentrate, Spent Vanilla Powder), Baking Powder (Raising Agents (Sodium acid pyrophosphate, Sodium bicarbonate), Wheat Flour (Calcium, Iron, Niacin, Thiamine)), Salt		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1809.05	1628.15
	Energy (kcal)	431.822	388.64
	Fat (g)	22.4349	20.1914
	Saturates (g)	9.94444	8.95
	Carbohydrates(g)	52.1899	46.9709
	Total Sugars (g)	30.8111	27.73
	Protein (g)	5.20563	4.68507
	Salt (g)	0.30006	0.270054
	Fibre (g)	2.92715	2.63443
Storage Conditions			
Additional Information			