



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Wild farmed White 800g SI (48hr) Label		
Product Code	F SRD09892 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Wheat Flour Wheat Flour, Iron, Niacin, Thiamine, Calcium Carbonate, Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water (9%), Flour (5%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Wholemeal Rye Flour, Flour (3%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Salt, Wholemeal Spelt Flour (Wheat), Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour (1%), Organic Wholemeal Emmer Wheat Flour		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	970.388	970.388
	Energy (kcal)	231.636	231.636
	Fat (g)	0.71931	0.71931
	Saturates (g)	0.1121	0.1121
	Carbohydrates(g)	49.8555	49.8555
	Total Sugars (g)	0.87065	0.87065
	Protein (g)	7.64918	7.64918
	Salt (g)	1.16696	1.16696
	Fibre (g)	2.76821	2.76821
Storage Conditions			
Additional Information			