



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	Avocado & Chickpea sandwich (Challah Roll)		
Product Code	SHOP00238		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	trace	trace
	Celery	trace	trace
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	yes	yes
Ingredients	Avocado Chunks (25%) (Avocado), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Chickpeas (16%) Chickpeas (contain sulphites), Water, Salt, Water, Radish, Durum Wheat Semolina, Vegetable Oil (Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane)), Glaze Water, Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose, Maize Starch, Oil Olive Extra Virgin [3x5Lt], Sugar, Yeast, Coriander (1%), Barley and Malt Extract, Salt, Parsley, Coriander, Mint, Lemon Juice, Garlic, Green Chilli, Onion, Black Pepper		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	1095.15	941.829
	Energy (kcal)	266.28	229
	Fat (g)	13.983	12.0254
	Saturates (g)	2.0993	1.8054
	Carbohydrates(g)	30.1389	25.9195
	Total Sugars (g)	4.28157	3.68215
	Protein (g)	5.33968	4.59212
	Salt (g)	0.86443	0.74341
	Fibre (g)	3.18552	2.73955
Storage Conditions			
Additional Information			