



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SALAD POT Lentils Beet & Goat Cheese 300g (48hr) (NEW OIL)		
Product Code	F SLD06625 CK		
Product Description	F SLD06625 CK LTBC		
Allergens		Contains	Trace
	(Tree) Nuts	yes	yes
	Celery	trace	trace
	Crustaceans	no	no
	Eggs	trace	trace
	Fish	trace	trace
	Gluten	trace	trace
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	yes	yes
	Peanut	no	no
	Sesame	no	no
	Soya	trace	trace
	Sulphites	yes	yes
Ingredients	Mix, Puy Lentil, Cooked (40%), Beetroot, Prep, Goats Cheese, ends removed & chopped (10%), Extra Virgin Olive oil 5l, Rocket, Prep, Hazelnut , Blitzed, Robot Coupe (3%), Sundried Tomato (Sundried Tomatoes, Salt), Red Wine Vinegar (Red Wine Vinegar, Antioxidant (Potassium Metabisulphite (Sulphites))), Mint, Pure Pomace Olive Oil, Honey, Wholegrain Mustard (Cider Vinegar, Mustard Seeds, Water, Sea Salt, Black Peppercorns, Allspice, Chillies), Garlic, Salt, Black Pepper; Mix, Puy Lentil, Cooked contains: Water, Dark Speckled Lentils, Salt; Prep, Goats Cheese, ends removed & chopped contains: Goat's Cheese (Pasteurised Goat's Milk , Salt); Prep, Hazelnut , Blitzed, Robot Coupe contains: Roasted Hazelnuts		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	934.992	2804.98
	Energy (kcal)	222.627	667.88
	Fat (g)	14.0212	42.0635
	Saturates (g)	3.13847	9.41541
	Carbohydrates(g)	16.2375	48.7126
	Total Sugars (g)	5.56004	16.6801
	Protein (g)	8.38539	25.1562
	Salt (g)	0.77054	2.31162
	Fibre (g)	2.70887	8.12661

Storage Conditions	Chilled
Additional Information	Dimension LxWxH (mm): n/a Dimension tolerance: +/- 10% Nominal (minimum) weight (g): 300 Target (+10%): 330 Number of slices or portions: 1