



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SOURDOUGH Potato & Rosemary 1kg Long x4 (48hr) FZN		
Product Code	F SRD09955 BF		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	no	no
	Celery	no	no
	Crustaceans	no	no
	Eggs	no	no
	Fish	no	no
	Gluten	yes	yes
	Lupin	no	no
	Milk	no	no
	Molluscs	no	no
	Mustard	no	no
	Peanut	no	no
	Sesame	no	no
	Soya	no	no
	Sulphites	no	no
Ingredients	Water, Potato (25%), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (13%) (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Flour (11%) (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Wholemeal Flour (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamine (B1)), Organic Wholemeal Emmer Wheat Flour (2%), Wholemeal Rye Flour, Barley Flour, Vegetable Oil (Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane)), Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamine), Salt, Black Onion Seeds, Rosemary (1%), Wholemeal Spelt Flour (1%) (Wheat), Organic Wholemeal Emmer Wheat Flour, Wholemeal Spelt Flour (Wheat), Water (0%)		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	955.626	955.626
	Energy (kcal)	227.313	227.313
	Fat (g)	2.66761	2.66761
	Saturates (g)	0.31642	0.31642
	Carbohydrates(g)	45.5128	45.5128
	Total Sugars (g)	0.72279	0.72279
	Protein (g)	6.97029	6.97029
	Salt (g)	1.05488	1.05488
	Fibre (g)	3.6179	3.6179
Storage Conditions			

Additional Information	
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