



The Bread Factory
Unit 12, Garrick Road Industrial Estate, Irving Way, London NW9 6AQ
020 8457 2080

Product Name	SALAD Chicken Charred Corn Coco Bianco Beans (48h)		
Product Code	F BFP09974 CK		
Product Description			
Allergens		Contains	Trace
	(Tree) Nuts	trace	trace
	Celery	trace	trace
	Crustaceans	no	no
	Eggs	trace	trace
	Fish	trace	trace
	Gluten	trace	trace
	Lupin	no	no
	Milk	yes	yes
	Molluscs	no	no
	Mustard	trace	trace
	Peanut	no	no
	Sesame	trace	trace
	Soya	trace	trace
	Sulphites	yes	yes
Ingredients	Coco Bianco (cooked) (Cocco Bianco White Beans, Salt), Chicken, Sweetcorn IQF 1kg, Courgette Pickled (Green Courgette, Organic Raw Cider Vinegar, Yellow Courgette, Water, Golden Beetroot, Yellow Carrot, Sugar, Salt, Olive Oil, Parsley, Garlic, Thyme, Black Pepper), Spinach 4x250g, Courgettes green whole, Roasted Red Pepper (tinned) (Roasted Pepper, Water, Salt, Citric Acid), Onion, Feta Cheese (Pasteurised Sheep and Goat's Milk , Sea Salt), Oil Olive Extra Virgin [3x5Lt], Lemon Juice, Sliced Green Jalapeno Peppers in Brine (Jalapeno Peppers, Water, Salt, Spirit Vinegar, Firming Agent (Calcium Chloride)), Parsley (2%), Oil Olive Pure Pomace [3x5Lt], Coriander, Chilli Chipotle (Chipotle Peppers, Water, Tomato Paste, Salt, Sugar, Onion, Acidity Regulator: Acetic Acid), Salt, Red Wine Vinegar (Red Wine Vinegar, Antioxidant (Potassium Metabisulphite (Sulphites))), Garlic, Black Pepper, Smoked Hot Paprika		
Claims			
Serving Size	g		
Shelf Life			
Nutrition		Per 100g	Per Serving
	Energy (kj)	595.405	1428.97
	Energy (kcal)	142.285	341.483
	Fat (g)	8.07935	19.3904
	Saturates (g)	1.53844	3.69226
	Carbohydrates(g)	8.15035	19.5608
	Total Sugars (g)	2.53323	6.07975
	Protein (g)	7.42426	17.8182
	Salt (g)	1.15488	2.77171

	Fibre (g)	2.47691	5.94458
Storage Conditions			
Additional Information			